



FREE STUDY SKILLS RESOURCES ONLINE



1. Free textbooks:

A. www.openstax.org

2. Free YouTube videos:

A. Crash Course by John Greene and Hank Greene

<https://www.youtube.com/channel/UCX6b17PVsYBQ0ip5gyeme-Q>

*10-15 minute illustrated videos about a variety of topics

B. Khan Academy

<https://www.youtube.com/user/khanacademy> or www.khanacademy.org

*lots of math examples solved in “real time”

3. Free online open-sourced study tools

A. www.quizlet.com

*Find textbook to see the supplemental study tools already created (flash cards, quizzes, etc.) and invite friends to help you build a study guide

QUICK TIPS: TOP SCIENTIFICALLY PROVEN STUDY TECHNIQUES



[HTTPS://YOUTUBE.BE/P60RN9JEAPG](https://youtu.be/p60rn9jeapg)



***Studying at night can affect your reasoning and memory functions, leading to a negative effect on your ability to process information. Your brain will get used to studying during scheduled sessions and you are more likely to stay focused.**

3. Stop highlighting and start using flashcards.

***Flashcards are proven excellent memory reinforcement tools. Use web tools like Quizlet to speed up the creation of your flashcard sets.**

4. Have a goal for each session.

*Start a study session planning to master once concept or a set of terms. If you master small chunks at a time, eventually you will be a master of all of the content.

5. Study with the goal to teach others.